



# OCTOBER 2015 NEWSLETTER

## Spotlight: Mozart's Bakery and Piano Cafe

*This past August, CIP had the distinct pleasure of hosting our 41st Annual International Taste of Columbus at a new location: Mozart's Bakery and Piano Café at 4787 N. High Street, Columbus, Ohio 43214. With the help of the staff at Mozart's, we were able to make this year's event bigger and better than ever. We want to thank Anand and Doris Saha for their partnership and encourage you to visit them at Mozart's for some of the best authentic tastes of Europe in Central Ohio.*

*Through Mozart's, Anand and Doris have been very active in the Columbus community over the last 20 years. We recently interviewed Anand about their community involvement. CIP's questions are printed in bold, followed by Anand's answers.*



### **What originally brought you and Doris to the United States in 1995? Why Columbus?**

Doris and I came to Columbus following the American dream. We had recently finished our professional training in Switzerland and were exploring our career options. When we came to visit my brother who was living here in Columbus, we fell in love with the city and all of the possibility that it held. In Austria, there are small family owned bakeries everywhere. Doris and I had dreamed of opening our own pastry shop there someday. When we found the old GiAntonio's Bakery in Clintonville- which had a rich history of its own- we knew that this is where we wanted to pursue our ambitions and make a home.

### **You say that you struggled at first after your move to Columbus, before you were able to build Mozart's to such a success. What advice would you have for someone from abroad following in your footsteps, hoping to settle down and establish themselves in Columbus?**

Don't be afraid to follow your dreams, and be sure to embrace your new community. When we first opened Mozart's, European pastries were relatively unknown in Columbus. It took time, persistence, and the support of our neighbors.

Doris and I did introduce some 'American' items to our menu, like carrot cake and key lime pie, but the bulk of our menu has always been the decadent European pastries that she mastered while growing up in Austria and later during her culinary training in Switzerland. That specialization and authenticity helped to set Mozart's apart and establish our identity as a business.

The Clintonville community was instrumental in our success. Early on, Doris and I committed ourselves to giving back to the neighborhood that had been so supportive of our fledgling business. We established an amazing relationship with the Clintonville-Beechwold Community Resources Center (CRC), and have raised more than \$300,000.00 for the organization over the past 16 years. The CRC provides a food bank, senior, kinship and after school services for those less fortunate neighbors. While we have connected with many organizations, churches, and nonprofits through the years, this is a relationship that we are extremely proud of. It has shaped our business and opened countless new opportunities, allowing us to demonstrate that we are truly committed to the success and wellbeing of those in our adopted city. I would recommend that anyone hoping to settle down and establish a business in a new city find a way to get involved in the community.

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### **How has the Columbus community changed in your 20 years here?**

Columbus has changed tremendously over the past 20 years. There was a time when I struggled to find the ingredients that we needed for our European recipes- you couldn't even buy Mascarpone. The city has become much more worldly since we arrived in 1995. So many more people have travelled to Europe and beyond. The internet and proliferation of television shows focused on food have introduced many people to new cultural and food traditions. Columbus has also become a more diverse city.

### **How do you see Columbus changing over the next 20 years? What kind of changes would you like to see?**

I expect Columbus to become a truly international city over the next 20 years. The city has become so much more diverse since Doris and I arrived here in 1995, a trend that I think will continue into the future. We are blessed in so many ways. Columbus is an exciting yet affordable place to live. We have a strong arts community and an increasingly impressive food culture, and this will only grow over time.

I would like to see Columbus continue to diversify. Small businesses have always done well in Columbus, and I hope that this trend will continue. These small, family owned shops and restaurants only add to the diversity and creativity of our community.

### **Community involvement is an important part of what you do at Mozart's. What has your most meaningful engagement been?**

Aside from our longstanding relationship with the CRC, the most meaningful event that we have been involved in was a fundraiser Mozart's hosted for the Red Cross just after the 9-11 terror attacks. The neighborhood came together spontaneously to organize the event with virtually no notice. Over \$8,000.00 was raised for the Red Cross that day. It was very powerful to witness the community come together like that, and I am proud that Mozart's was able to be a part of it.

### **Over the years Columbus has fallen in love with the authentic European flavors of Mozart's. What's your favorite dish?**

My favorite savory item from Mozart's menu is the Hungarian Goulash. This is a rich stew of beef and potatoes simmered in a Hungarian paprika broth. We have been complimented by many Hungarians on the authenticity of the dish, and it is always a favorite with our customers. I also enjoy Lebkuchen, a spiced 'German gingerbread' cookie that is baked with honey and toasted hazelnuts and finished with orange preserves and dark chocolate.

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*We thank Anand for his partnership and for taking the time to talk with us. To read more about Anand and Doris' story, and for more information on all that Mozart's has to offer, please visit [www.mozartscafe.com](http://www.mozartscafe.com).*

## **Congratulations to Ruth Schildhouse Founders Fund Winners: Role Model Magazine and Girl Up Columbus**

**Sandra Brogdon, Role Model Magazine:** Sandra Brogdon is a Wife, Mother, Creative activist and Humanitarian journalist dedicated to creating positive social change in her community by building confidence in girls. Sandra is also the founder and CEO of "The Role Model Magazine". An innovative lifestyle magazine designed with one singular mission which is to "Empower and Elevate Every Girl to fulfill the highest and most authentic expression of herself."™ Her life mission is to inspire the next generation of female leaders and to amplify the collective voices of women and girls leading change around our world.

**Melissa Lenz and Chastity Boedicker, Girl Up Columbus:** As the United Nations Foundation's adolescent girl campaign, Girl Up engages girls to take action. Led by a community of nearly half a million passionate advocates raising awareness and funds, our efforts help the hardest to reach girls living in places where it is hardest to be a girl. Melissa and Chastity volunteer with the United Nations Association Columbus branch, working to unite high school girls in the Columbus area.

**The Schildhouse Founders Fund** was created by the CIP Board of Trustees to honor the work of CIP founders, Ruth and Burt Schildhouse. The Founders Fund awards grants to enhance international understanding, cultural exchange, cultural inclusion, and any activity that creates relationships between Americans and people from other countries. Special consideration is given to activities that have the potential to create permanent relationships of a cultural or business nature. To learn more about the Ruth Schildhouse Founders Fund and learn how to apply, please visit our [website](#).



## Farewell to Participant, Cynthia Etu

Best wishes to Cynthia, as she returns home to Nigeria after completing almost a year of training at the Mid-Ohio Regional Planning Commission.

Setting the tone for her entire stay in Columbus, Cynthia had only been in the city one week when she went hiking with Kathy Moser, Mikalene Guiser, Tim Skinner, and other IPR's. She has truly embraced the spirit of adventure as she has visited our city. Cynthia recently became engaged, and is considering attending law school. We are very certain we will see her again!

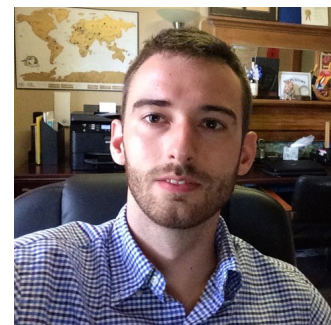
Here is CIP Director Mark Poeppelman presenting Cynthia with her certificate in September.



## Welcome CIP's Newest Team Members, Martin Borkovec and Armah Comehn

**Martin Borkovec, Intern:** Martin is a senior at The Ohio State University, majoring in International Studies and minoring in Spanish. Martin is from the Czech Republic and moved to the United States three years ago to start his college degree. He specializes in security & intelligence and in the future would like to work for Interpol or the United Nations. After he finishes his degree in the U.S., Martin plans to start graduate school in Great Britain.

**Armah Comehn, Volunteer Africa Program Coordinator:** Armah is a graduate of the University of Liberia, with a Bachelor's of Social Science in Sociology, and of American University, with a Master's Degree of International Relations and Affairs. Armah also holds a Certificate in French Studies from the University of Dakar, a Certificate in American Sign Language from Gallaudet University, and a Certificate in Isixhosa from the University of Cape Town. Armah is currently is a Project Coordinator for HEARTT - Liberia, in addition to coordinating African programs for CIP.



## Safe Travels Between Columbus and China!

CIP would like to extend a warm welcome to the parents of Advisory Board Member James Liu. They are visiting Ohio from Qingdao, China.

Also, CIP Director Mark Poeppelman and Jiyu Jia are in China as you read this newsletter. They plan to visit several cities (highlighted on the map in red) to further develop our relationships and business contacts in China. Jiyu is our Chinese Business Coordinator and was featured in our [June Newsletter](#).



We wish safe travels to the Liu's, Mark, and Jiyu!



## November 7 & 8: Columbus International Festival

**Time:** Nov. 7, 10 am - 9 pm; Nov. 8, 10 am - 6 pm

**Location:** Ohio State Fairgrounds, Celeste Center  
717 E. 16th Ave.  
Columbus, Ohio 43211

Don't miss the 60th anniversary Columbus International Festival, from 10-9 on Saturday, November 7, and 10-6 on Sunday, November 8. CIP will have a booth at this great annual festival, which will feature live cultural entertainment, ethnic foods, and two parades of nations. [Click here for details.](#) We are also in need of volunteers to help promote CIP. If you are interested in helping us run our booth at the festival, please contact Kathy Moser at [cipcols@aol.com](mailto:cipcols@aol.com).

NOVEMBER 2015						
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8	9	10	11	12	1	1
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29	30					

## November 18: New Office Open House, Annual Meeting, and November Board Meeting

**Time:** 12 pm - 5 pm

**Location:** CIP Office  
4900 Reed Road, Suite 331  
Columbus, OH 43220

Join us for an Open House at our new office from 12 - 5 pm, and stay around for our Annual Meeting later in the evening. After a few busy weeks of packing, moving, and unpacking we're settled into our new space and we'd love for you to visit. Light refreshments will be available. Our office is conveniently located just north of Henderson Road and south of Bethel Road, a few minutes from Rt. 315. To get directions, [click here.](#)

2015 Corporate Sponsorship and Memberships are still available and are always welcome. Go to [www.cipcolumbus.org/join-us.html](http://www.cipcolumbus.org/join-us.html) to obtain your membership today! Your partnership is valuable to our survival and continued success.



**Columbus International Program - 4900 Reed Road, Suite 331, Columbus, OH 43220**

**(614) 221-0034 - [cipcols@aol.com](mailto:cipcols@aol.com) - [cipcolumbus.org](http://cipcolumbus.org)**

*Promoting International Understanding Through Intercultural Exchange*